

# Walk On Walker

## Application & Fitting Instructions



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# APPLICATION AND FITTING INSTRUCTIONS

Before applying the brace, please read these instructions completely and carefully.  
Correct application is vital to the proper functioning of the brace.

## INDICATIONS:

- Soft tissue injuries of the lower leg
- Acute Ankle sprains
- Stress fractures of the lower leg
- Stable fractures of the foot and ankle
- Stable delayed union or non-union fractures of distal tibia & fibula
- Achilles tendon repairs

## CONTRAINDICATIONS:

Application of this device is recommended only when the fracture is demonstrably stable and there are acceptable limits of angular and rotational deformity. The determination of when to apply the brace rests strictly at the discretion of the treating physician.

## WARNINGS AND PRECAUTIONS:

Always consult with your physician or therapist before making changes to the brace. This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, any unusual reaction while using this product, consult your medical professional.

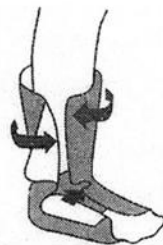
### A

For first time application, loosen straps and remove liner from boot.



### B

Place foot in liner & secure with contact closure. Make sure the heel fits snugly into the posterior portion of the liner. Fasten the foot flaps on the liner first, making sure they are snug. Wrap and fasten the leg portion of the liner, again making sure that it is snug from bottom to top. Some trimming of the liner may be necessary to accomplish optimum fit.



### C

Spread the uprights using both hands and Step into boot, aligning uprights with Midline of the ankle.

**Note:** If uprights have plastic tube liner, remove them now to affix upright to liner.



### D

Secure boot straps, starting at the toes and working up the leg.



## CLEANING INSTRUCTIONS

*Hand wash in cold water using mild soap or detergent. Rinse thoroughly and air dry. Residual soap may cause irritation to the skin.*



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