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## Hip ROM

### Instructions For Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this brace.



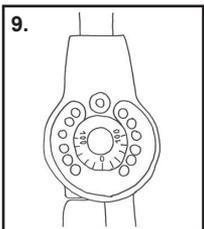
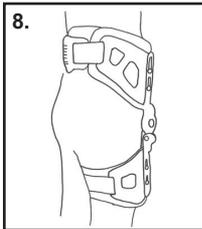
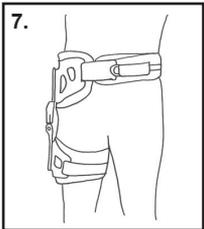
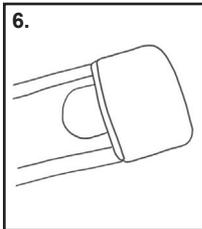
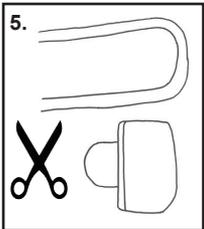
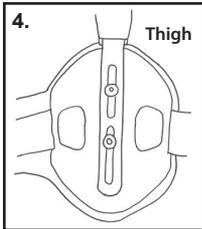
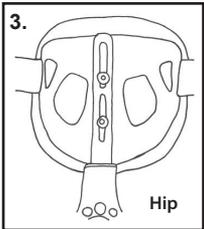
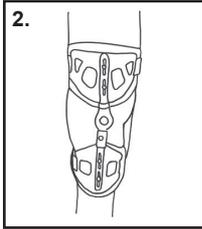
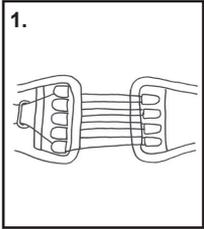
# Hip ROM

## Instructions for Use

Please read these instructions completely and carefully before applying this product.  
Correct application is critical to the proper function of the brace.

**Indications:** To limit hyperextension of the hip and provide limited Range of Motion control as needed following surgery.

**Contraindications:** Not designed as a fracture brace of the hip or femur.



### Application Instructions:

#### Prepare Brace for Fitting

1. Release drawstring pull tab from waist assembly and pull belt portions apart so that the lacing is completely opened as seen. **(Image 1)**
2. Release buckle assembly on the thigh cuff – release hook loop strip allowing you to place the brace on the affected hip with the waist cuff assembly resting on the hip. **(Image 2)**
3. Adjust the height of the upper and lower cuff using the allen wrench so that they are at the optimal location to suspend the brace and provide functional support. **(Images 3 & 4)**
4. Determine waist circumference and trim waist belt so that it has enough to engage to the hook/loop portion of the brace. Place end cover “sock” over the cut section of the waist belt assembly. **(Images 5 & 6)**
5. Once adjusted for height, waist belt length and drawstring opened up - affix the brace to the affected hip so that the hinge assembly flexes where the hip naturally bends. Secure the thigh buckle assembly and the waist belt. Make sure lacer assembly is centered on the back before using the drawstring pull tab to tighten the waist assembly. **Images (7 & 8)**
6. A properly applied **ROM** hip brace should not restrict normal motion of the leg except to limit how much flexion or extension the wearer can achieve. It will prevent lateral motion and hyperextension.
7. Using the set screws provided add the flexion and extension stop restrictions to the dial hinge assembly. **(Image 9)**

#### Use and Care:

Hand wash the immobilizer with mild soap and water and lay out to dry. Do NOT machine dry.

#### Notes:

For single patient use only.

#### Warning:

This product is to be used under the supervision of a medical professional. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

#### Warranty:

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

#### Caution:

Federal Law (U.S.A.) restricts this device for sale by or on the order of a licensed healthcare professional.